

Menu – September 2016 (19 lunch days, 15 Pre-K lunch days)

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6	7	8	9
	Macaroni & Cheese	Broccoli Cheddar Bacon	Very Healthy Sloppy Joes	Wood Fired Oven Pizza
Labor Day	Roasted Broccoli	Quiche	Tossed Salad	Cheese, pepperoni, bacon,
	Fresh Fruit	Tossed Salad	Fresh Fruit	sausage, veggie
	Milk	Fresh Fruit	Milk	Fresh Veggies
		Milk		Fresh Fruit Milk
12	13	14	15	16
Chicken & Rice Soup	Chicken Pot Pie	Ravioli with Marinara	Shepherd's Pie	Wood Fired Oven Pizza
Fresh Baked Biscuits	Fresh Fruit	Sauce	Tossed Salad	Cheese, pepperoni, bacon,
Fresh Fruit	Milk	Tossed Salad	Fresh Fruit	sausage, veggie
Milk	WIIIK	Fresh Fruit	Milk	Fresh Veggies
IVIIIK		Milk	IVIIIK	Fresh Fruit
		TVIIIK		Milk
19	20	21	22	23
Jamaican Black Bean Soup	Grilled Hotdog	Grilled Cheese Sandwich	Chicken & Broccoli	Wood Fired Oven Pizza
Tossed Salad	Fresh Veggies	Fresh Veggies	Alfredo with Cavatappi	Cheese, pepperoni, bacon,
Fresh Baked Corn Bread	Fresh Fruit	Fresh Fruit	Fresh Fruit	sausage, veggie
Fresh Fruit	Milk	Milk	Milk	Fresh Veggies
Milk				Fresh Fruit
				Milk
26	27	28	29	30
Homemade Minestrone	Chicken Divan	Beans & Rice	BLT Whole Wheat Wrap	Wood Fired Oven Pizza
Soup	Fresh Fruit	Sautee Carrots	Fresh Fruit	Cheese, pepperoni, bacon,
Fresh Baked Corn Bread	Milk	Fresh Fruit	Milk	sausage, veggie
Fresh Fruit		Milk		Fresh Veggies
Milk				Fresh Fruit
				Milk

Alternatives always available: Homemade Peanut Butter & Jelly, Tuna or Egg Salad sandwich on wheat bread, Plain Greek Yogurt & Homemade Granola. Lunch - \$2.75 includes milk. Milk - .40